

IMMACULATE CONCEPTION PARISH

May 2019 Newsletter

Dear Brothers and Sisters in Christ,

Happy Easter! For fifty days we as a church continue to celebrate the glorious resurrection of Christ from the dead. It is not until June 9th when we celebrate the great Feast of Pentecost that the Easter Season will come to an end. During these days, we give thanks to our Lord, Jesus Christ, for the tremendous outpouring of His love for us. Through His dying and rising, He has set us free and has opened the gates of heaven. The great message of Easter is one of hope. Because of Christ's action, He has provided for us what might seem in some minds to be impossible. However, because He, the son of God, had chosen to share Himself with us so generously, we can live without fear. When we remember that we have the gift of eternal life waiting for us, nothing can hurt us here on this earth. The hope of new life empowers us to not allow anything to bring us harm. May all of us during these special days grow stronger in our relationships with Christ and the message of hope that His resurrection brings us.

In our parish community, there are many special occasions for celebration during the month of May. Our children will receive their First Communion. Likewise, the 8th graders in our community will receive the gift of the Holy Spirit in the Sacrament of Confirmation. Annually, we look forward to the celebration of Mother's Day, which will take place on May 12th. Our woman of the year will crown Mary and the children of our school will also have a May crowning celebration. The ICCP football team will be hosting a pancake breakfast. The ICCP drama department will be hosting a spring musical. There will be numerous end of the year celebrations for the students and the staffs of both of our schools, along with awards banquets, a ribbon Mass, and graduations. We will celebrate the three year old preschool children entering the four year old program, the four year old children entering kindergarten, the kindergarten children entering grade 1, the 8th grade children entering grade 9, and the high school students going on to college. At the 9 o'clock Mass on May 19th, we will receive into our church five members of the RCIA program that were previously baptized in other faiths and celebrate First Communion and Confirmation with them. Our diocese will celebrate the ordinations of three deacons into the priesthood on May 25th at 11 o'clock at the Cathedral of St. Raymond in Joliet. One of the men to be ordained is Fr. Santiago Corona, who will become our new associate pastor on June 19th. Only one member of his family will be able to attend. All parishioners are invited to witness his ordination and to know that he will be welcomed in our Parish on June 19th.

Amongst the staff members that we will be saying goodbye to in June are Pam Levar, the principal of our high school and Fr. Chris Lankford, our associate pastor. Both Pam and Fr. Chris have had overwhelming influences on many people in the IC community. We will celebrate Pam's retirement on June 2nd at the 11:00 Mass. We will honor Fr. Chris at all the Masses on the weekend of June 8th and 9th.

May the Risen Lord bless all of you during this most special time of the year.

Sincerely in Christ,
Father Tom

May Prayer: A Prayer for Mothers

All-loving God, we give you thanks and praise for mothers young and old.

We pray for young mothers, who give life and tend to our every need; May they be blessed with patience and tenderness to care for their families and themselves with great joy.

We pray for our own mothers who have nurtured and cared for us; May they continue to guide us in strong and gentle ways.

We remember mothers who are separated from their children because of war, poverty, or conflict; May they feel the loving embrace of our God who wipes every tear away.

We pray for women who are not mothers but still love and shape us with motherly care and compassion.

We remember mothers, grandmothers, and great-grandmothers who are no longer with us but who live forever in our memory and nourish us with their love. Amen.

Dear Friends in Christ,

This May article is part 4 of a 4 part series on the **P.R.AYER. Diet**. This month I will cover **AYER**. Once again, if you have read the other articles, what I'm about to say will be familiar, but I'm not a trained medical professional or doctor. I'm trying to hand on what I've heard and/or read about, and to share what has worked for me.

AYER = And You Eating Right

So we have covered Prayer and Recreation, but as I ended last month's article, "so if I pray about it and move, I'll lose weight?! Well.....it helps, but one more key thing...the last part of the acronym...".

I spent one summer in Omaha, NE at the Institute for Priestly Formation back when I was in the seminary. While I was at the Institute, I met a seminarian from the Archdiocese of Galveston / Houston. Before he entered the seminary, he was either a personal trainer or a nutritionist. Regardless, what he shared with me one day was something along the lines of, "people used to pay me hundreds of dollars for this advice...its 70 -80% diet..." I personally have come to experience this as true! When I have had the most success with my weight loss, it has been in conjunction with my diet being carefully monitored as well.

There was a news article I came across a number of weeks back, and it put the above advice in perspective for me. The article talked about how 20-30% of the calories we burn come from exercise. The rest that we burn come from automatic bodily functions like brain activity and breathing. So basically, we can only control 20-30% of what we burn, but the food we eat, what we take in, that we have 100% control of. Thus, the importance of diet. That yes, we can put hours and hours in the gym (and yes exercise is important), but that only accounts for a small percentage of what we burn. But what food we take in, that we have complete control over, and there are definitely things that are better to take in than others.

So we have 100% control over what we take in, so do we have to eat 100% clean 100% of the time for this to work? I answer no. That is almost impossible, at least for me. But we can make various choices that if they become a habit, they lead to successful weight loss. Take an example. In information I've come across, a pound is 3,500 calories. So if we want to lose a pound, we need a 3,500 calorie deficit. This means we need to have burned 3,500 more calories than we took in. This can be done by exercise, or watching how many calories we take in, or a combination of both.

Say we drink a large sized coffee drink with whole milk and syrups every day that adds up to 500 calories a drink. If we cut that out of our diet, in theory that's 3,500 calories for the week out of our diet right there. Keeping everything else the same (diet and exercise), this should contribute to weight loss, assuming we are not taking in more calories than we are burning through other food and drink. When we do that, the opposite happens, weight gain.

But that coffee drink is delicious. Well we can still have it! Maybe not every day, but once in a while or every other day. Or maybe get it with half the syrup. Little changes like that add up. Say we get that drink down to 250 calories versus 500. That's only 1,750 calories instead of 3,500 for the week. Do that for a year, that's 91,000 calories we saved in a year, all because of some changes or maybe switching to every other day. To make these changes takes virtue. It takes the ability to say **NO**. Not always the easiest thing. But there is more than just health benefits that can come from saying no and making certain diet choices. It helps us spiritually too. I believe it was St. Augustine who talks about if we can't say no to smaller things, how can we say no to bigger things? Saying no to a dessert, or saying no to an extra helping of something helps build up our wills. Thus, as a result of saying no to smaller things, when a larger thing we need to say no to comes along, we have a better ability to do it, because our will is trained.

I could keep going on and on about the AYER. part of the of the P.R.AYER. Diet. The main take away I would like to share is the big role our diet plays in weight loss. Making little changes to our diet adds up over time. On top of that, not only do little changes help our health, but they can help strengthen our wills too. I'll also share here a couple things practically I have done / do in my diet, that work for me:

- I try and watch my carb intake. I still eat some carbs, but I try to limit how many carbs I take in. I really don't limit carbs from fruits and vegetables, however.

- I try to not consume added sugar when I can avoid it. (I need my "Father Chris Solo" drink from Brewpoint, from time to time, however! #tryit #highlyrecommend)

- I try and eat things that are high in protein.

- I usually won't eat desserts or sweets.

- I try to not drink my calories.

My hope is that these 4 articles have been helpful. Please feel free to ask me if you have any questions. I'm always happy to talk about this stuff! Remember, no matter what size, shape, weight, etc. a person is, we are ALL beloved sons and daughters of God! We are all loved, and our bodies don't define us. Our bodies are Temples of the Holy Spirit and we need to be responsible for them, but they don't "make" us who we are.

In Christ,
Fr. Chris

I would like to extend a word of appreciation for everyone who helped, supported, and prayed for my Ordination this past March. To say that it was a blessing is an understatement. It is a blessing to be an ordained minister of the Church, and it is even more of a blessing for me to be your deacon!

As many of you know, the Church has been through a lot of rough events since the summer months. Bishop after bishop have been removed or stepped down, and state after state have begun to pour through all the files. However, on March 30, 2019, the Diocese of Joliet, in a very humble and joyous way, proclaimed that the faith is not dead. The Ordination Mass, in which 8 men, including myself, laid down our lives in service of the Church shows that Jesus has not abandoned us, nor will He!

Thank you for all the support and encouragement along the way. Thank you to the many people who helped make the celebration of Ordination such a special day for me and my family. It has been a blessing to be here at IC for the past two years and I joyfully look forward to this next year. While in the Holy Land it was a joy to pray for each of you, as I brought the parish directory with me on the pilgrimage. Know that those prayers continue!

Through the Sacred Heart,

Deacon Michael

Dcn. Michael Groth



IC Ministry Weekend May 25/26, 2019

When we take time to consider all of God's blessings to each of us, we recognize everything we have is a gift from God. You are called upon to recognize your God-given gifts, and freely share those treasures with others. Below you will find an extensive listing of Immaculate Conception's commissions, ministries and organizations.

The weekend of May 25th and 26th you will have the opportunity to volunteer for the ministries, committees, and organizations that make Immaculate Conception so vibrant. Please share your time, talent and treasure with us! Click on any of the categories below to learn more about our ministries or to sign up! OR fill out the form below and return to the parish center at 134 Arthur.

Worship Commission

Ministers of the Eucharist, Lectors, Mass Captains, Altar Servers,
Ushers, Baptism Hosts, Linen Cleaning

Music Ministry

Cantor, Parish Choir, Contemporary Ensemble,
Teen Choir, Junior Cantor, Instrumentalist

Pastoral Care Ministries

Eucharistic Ministry to Homebound, Eucharistic Ministry to the
Hospitalized, Nursing Home Mass Helpers, Bereavement Ministry

Community Life Commission

Welcoming Committee, Council of Catholic Women (CCW), Hospitality
Coordinators, Social Events Committee, Special Project Volunteers, IC Moms

Holiday Outreach

Thanksgiving Food Baskets, Christmas Giving Tree,
Easter Food & Candy Baskets

Formation Commission

Rite of Christian Initiation for Adults (RCIA), Baptismal Preparation Catechists, Marriage Preparation, Catechists/Catechist Aide, Children's Church Volunteer

Christian Ministry Commission

Daybreak Transitional Housing, IC Food Pantry,
PADS (Public Action to Deliver Shelter), A Cup of Hope,
Prayer Shawl Ministry, Respect Life, Domestic Violence Advocacy, Refugee Support and Education, Peace & Justice Committee,
Fair Trade/One World Market, St. Mary's Mission Outreach, Grace Café

Name: _____

Address: _____

Phone: _____

Email: _____

Ministries Interested In:

Around the Parish in May

Wednesday, May 1 Bible Study 9:30am Resource Rm

Wednesday, May 1 Protecting God's Children Workshop 6:30pm Resource Rm

Wednesday, May 1 Confirmation Reconciliation 7pm Sacred Heart Chapel

Wednesday, May 1 Respect Life Meeting 7pm Christian Ministry Meeting Rm

Thursday, May 2 Women's CRHP Meeting 6:30pm Resource Rm

Thursday, May 2 First Communion Rehearsal 6:30pm Sacred Heart Chapel

Friday, May 3 ICCP Spring Musical 7:30pm Gym

Weekend 4/5

Weekend Food collection accepted at all Masses
Saturday, May 4 1st Communion Group A 9:30am Sacred Heart Chapel

Saturday, May 4 1st Communion Group B 1:00pm Sacred Heart Chapel

Saturday, May 4 ICCP Spring Musical 7:30pm Gym

Sunday, May 5 ICCP Spring Musical 2:00pm Gym

Sunday, May 5 Baptism 1pm Church

Monday, May 6 ICGS School Board 6:30pm Dyer Center

Monday, May 6 Transitional Housing Meeting 6:30pm Resource Rm

Tuesday, May 7 Lectio Divina Join Anne Hohbein after the 7:30am Mass PAC-Resource Room

Tuesday, May 7 Prayer Shawl Ministry 9:30am Resource Room

Tuesday, May 7 Eucharistic Minister and Lector Training 7pm Sacred Heart Chapel

Wednesday, May 8 Bible Study 9:30am Resource Room

Wednesday, May 8 Parent's Club Meeting 7pm Agnesian Room

Wednesday, May 8 Confirmation Rehearsal 7pm Sacred Heart Chapel

Thursday, May 9 Parish Choir Rehearsal 7pm Sacred Heart Chapel

Thursday, May Baptism Prep 7pm Resource Rm

LOCATION CHANGE: Due to Confirmation on May 11th, Reconciliation and Saturday 5:15pm Mass have been moved to the Church.

Weekend 11/12

Weekend Food collection accepted at all Masses
Saturday, May 11 Men's Prayer Breakfast 8:30am Agnesian Room

Saturday, May 11 Women's Prayer Breakfast 8:30am Resource Room

Saturday, May 11 Confirmation 7pm Sacred Heart Chapel

Monday, May 13 Parish Council Meeting 7pm Dyer Center

May Reconciliation Times

Friday, 3rd Following 6:15am Mass Church

Saturday, 4th 4-4:45pm Sacred Heart Chapel

Saturday, 11th 4-4:45pm Sacred Heart Chapel

Saturday, 18th 4-4:45pm Sacred Heart Chapel

Saturday, 25th 4-4:45pm Sacred Heart Chapel

Tuesday, May 14 Lectio Divina Join Anne Hohbein after the 7:30am Mass PAC-Resource Room

Tuesday, May 14 Cup of Hope 9am Meeting Rm 2

Tuesday, May 14 Eastern DuPage Deanery Meeting 4:00pm Marian Room

Tuesday, May 14 Eastern DuPage Deanery Steering Committee 7:00pm Agnesian Room

Wednesday, May 15 Bible Study 9:30am Resource Room

Thursday, May 16 Parish Choir Rehearsal 7pm Sacred Heart Chapel

Weekend 18/19

Weekend Food collection accepted at all Masses
Saturday, May 18 ICGG Graduation 7:30pm Sacred Heart Chapel

Sunday, May 19 Fellowship after 9am Mass in Plunkett Hall

Sunday, May 19 Baptism 1pm Church

Tuesday, May 21 Lectio Divina Join Anne Hohbein after the 7:30am Mass PAC-Resource Room

Tuesday, May 21 Prayer Shawl Ministry 9am Elmhurst Hospital

Tuesday, May 21 Worship Committee Meeting 7pm Resource Room

Wednesday, May 22 Bible Study 9:30-11:30am Resource Room

Wednesday, May 22 Protecting God's Children Workshop 6:30pm Resource Rm

Thursday, May 23 ICGS Graduation 7pm Sacred Heart Chapel

Friday, May 24 Kindergarten Graduation 10am Sacred Heart Chapel

Beginning May 25th, all Masses will move to the Church for the Summer. 11:30am Mass will be moved to 11am.

Weekend 25/26

Ministry Weekend

Weekend Food collection accepted at all Masses
Sunday, May 26 Baptism 1pm Church

Sunday, May 26 Baptism 2pm Church

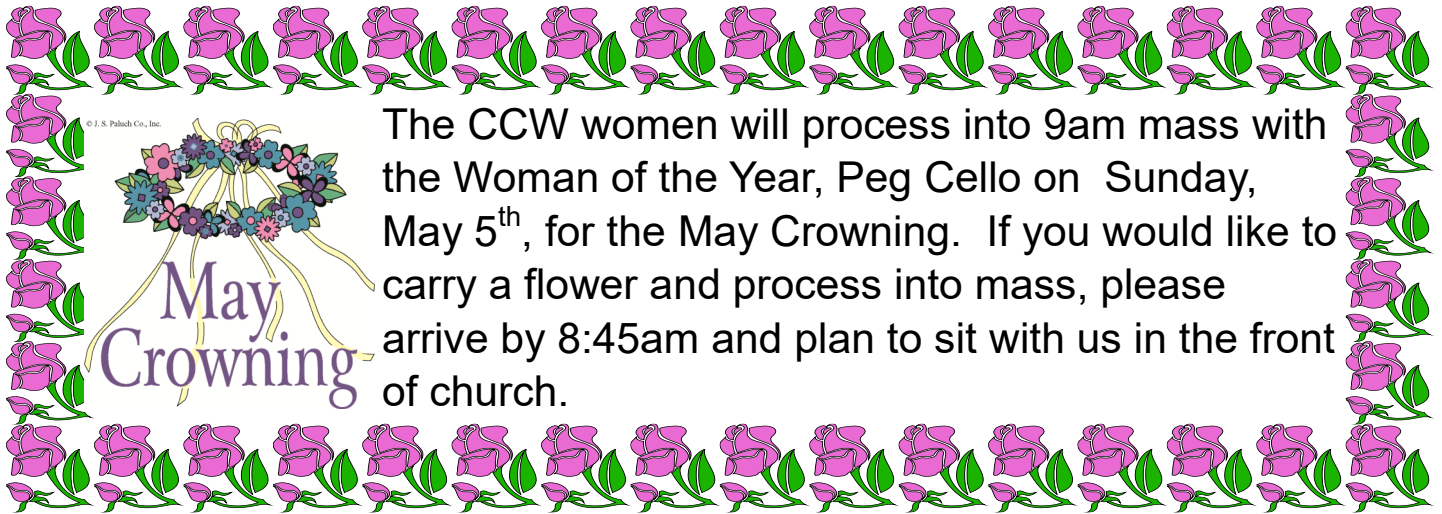
Monday, May 27 Memorial Day No School

Tuesday, May 28 Lectio Divina Join Anne Hohbein after the 7:30am Mass PAC-Resource Room

Tuesday, May 28 Parish Finance Committee Meeting 6:30pm Dyer Center

Tuesday, May 28 Respect Life Rosary and Benediction 7pm Church

Coming Events



The CCW women will process into 9am mass with the Woman of the Year, Peg Cello on Sunday, May 5th, for the May Crowning. If you would like to carry a flower and process into mass, please arrive by 8:45am and plan to sit with us in the front of church.

DO YOU FEEL CALLED TO BE A SPIRITUAL DIRECTOR?

Mayslake Ministries is now accepting new candidates for our upcoming 2019-2020 *Sacred Presence* Program. This intensive ten-month program provides men and women with the spiritual formation and necessary skills to answer God's call to the Ministry of Spiritual Direction. Classes begin in September and space is limited. For more information visit our website at www.mayslakeministries.org or call Dr. Mary Amore at 630-852-9000.



IC CCW Woman of the Year Luncheon

Honoring Peg Cello, 2019

Woman of the Year

The Drake Hotel, Oak Brook

Friday, June 7th

Arrival 11:30 a.m. - Lunch will be served at 12 noon

Your \$30 payment

(cash or check made to IC CCW)

Call Marilyn Hanrahan Speck for reservation details at (630)690-3940



**COMING SUNDAY
MAY 19th**

Knights of Columbus Blood Drive

PRE-REGISTER TODAY!

Call LifeSource at 877.543.3768

Online at www.lifesource.org;
code 026G.

**Sunday, May 19, 2019
8 a.m. - 2 p.m.**

**537 S. York Road, Elmhurst
(Plenty of parking in rear)**

**Many medications, diabetes, tattoos and
cancer survivors acceptable!**

**FREE Cholesterol Screening and
FREE Blood Typing!**

Walk-ins Welcome!



ST. DOMITILLA CHURCH

RAFFLE/BINGO GAMES NIGHT

FRIDAY, MAY 10TH

DOORS OPEN 5:00 pm

GAMES START AT 7:00 pm

**Playing 15 Games
Pack of 9-on Cards
(per person cost)
1 Card -- \$17.00
2 Cards -- \$30.00
3 Cards -- \$42.00**

Food, Beer, Wine & Soda available for sale.

Must be 18 years or older to be in the hall.

Celebrations

IC Catholic Prep to celebrate retirees Pam Levar and Cindy Thomas

Join us on Sunday, June 2 for a Mass and barbecue reception to celebrate more than 65 years of cumulative service to the IC Catholic Prep and Elmhurst communities. Mass will begin at 11:00 am in the Immaculate Conception Church, with the reception immediately following on the ICCP north lawn from 12:00-3:00 pm.

Pamela M. Levar started at IC Catholic Prep as the girls Physical Education teacher in August 1978 and will complete her storied career this July as our principal, mentor and friend. Ms. Levar has dedicated 41 years to IC Catholic Prep in a myriad of roles.

Cindy Thomas. The English Department Chair and Teacher, has spent the past 25 years inspiring a passion for writing and literature in our young men and women. Mrs. Thomas will complete her career of 35 years at the end of this year.

The legacy of both Ms. Levar and Mrs. Thomas will continue to shape the future of IC Catholic Prep and the students who pass through our doors. Their love and guidance remains a lasting gift to future generations.



After all Masses the weekend of June 8 & 9, we will celebrate Fr. Chris and bid him a fond farewell. Fr. Chris will move to his next assignment, Sts. Peter and Paul in Naperville, the third week in June. He has made a great difference in the lives of many in our community over the last three years. His commitment to the evangelization of the youth of Elmhurst has brought many to a faith filled life. We will miss him dearly and will pray for him on his new journey.



On **Sunday, May 19**, a very special liturgy will be celebrated at 9:00AM in the Chapel. Those who have been preparing for the past year to become part of the Catholic Church and receive the Sacraments of Initiation will be welcomed into our family. **Shauna Brueggen** and **Christine Harezlak** will make a Profession of Faith and receive the Sacraments of Confirmation and Eucharist. **Emil Amerei, Mia Carreon** and **Nicholas Credidio**, who

have already been baptized Catholic, will now complete their Sacraments of Initiation. This ceremony, generally celebrated at the Easter Vigil, with those being baptized, is now celebrated during the Easter Season.

We invite you to attend and celebrate our newest members! Fellowship will follow the liturgy. We also ask you to pray for our candidates and their sponsors during these final weeks of preparation.



IC will offer a Protecting God's Children workshop on **Wednesday, May 22, 2019** at 6:30 PM in the Resource Room of the PAC/Rectory. To register, please access our website and click on the "Promise to Protect Pledge to Heal" button on the left side. You will be directed to a list of workshops where you can register for the session of your choice. Any adult who works with minors in the parish setting must attend this class. Please call 630-530-3497 for further information.

Reporting Sexual Abuse

Anyone with reason to believe that a child has been abused or is being abused should report their suspicions to civil authorities. **Contact: Illinois Department of Children and Family Services: 1-800-25ABUSE (1-800-252-2873) and local police.** The Diocese of

Joliet Victim Assistance Coordinator is available to help victims/survivors of child sexual abuse by a cleric, employee or volunteer of the Catholic Church. The Victim Assistance Coordinator will report to Bishop Conlon and coordinate efforts of pastoral support and outreach to assist in the healing process. The Victim Assistance Coordinator can also assist in making a report to civil authorities. **Contact the Diocese of Joliet Victim Assistance Coordinator at 1-815-263-6467.**

Elmhurst College Student **Guadalupe Maria Bollas** is involved in a student organization called The Fellowship of Catholic University Students, also known as Focus. Focus is a Catholic collegiate outreach whose mission is to share the hope and joy of the gospel with university students, inspiring and equipping them for a lifetime of Christ-centered evangelization, discipleship and friendships in which they lead others to do the same.

Summer Project is a 10 week program in Winter Park, Colorado, offered by Focus. Here, Lupe will have the opportunity to learn about evangelism, have spiritual direction, experience divine intimacy, and grow in what it means to be Catholic.

The total cost for this trip will be around \$3,000. **Would you prayerfully consider being a partner with Lupe in this program that will equip her for a lifetime of ministry?** Would you consider giving a gift of \$75, \$100, or \$150 or even more? Contributions can be sent to Guadalupe Maria Bollas using Chase Quick Pay: lupe.b199@gmail.com or mailed to 3913 N Central Ave, Chicago IL 60634

Please keep her in your prayers!

Other Upcoming Events

**SAINT PIO
COMES TO THE
DIOCESE OF
JOLIET**



**FRIDAY,
MAY 3, 2019**

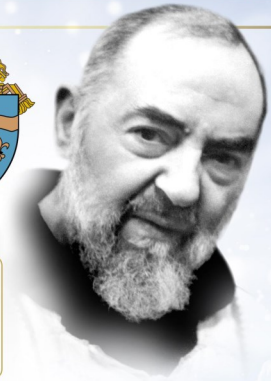
FROM 9 A.M. TO 6:30 P.M.

ST. BERNARD CATHOLIC CHURCH
1301 STERLING AVE., AT HIGH ST.
JOLIET, IL 60432

FOR INFORMATION ABOUT THE PUBLIC VENERATION,
PLEASE CALL (815) 726-4474, OR SEND AN EMAIL TO
MAGDALENECHURCH@AOL.COM

A MASS IN HONOR OF SAINT PIO WILL BE CELEBRATED AT
7:00 P.M., BY THE MOST REV. R. DANIEL CONLON,
BISHOP OF JOLIET

SPONSORED BY THE SAINT  **PIO**
FOUNDATION



MUSICAL *Masters*
THE 2018 - 2019 CONCERT SEASON

Saturday, May 4, 2019 • 7:00 pm

MAHLER
IMMERSION!

united community concerns association presents



an elmhurst food and drink sampling

food, wine, and beer tastings | music by Clay Corso

participating restaurants

Cottage Hill Station Kitchen & Tap
Cuvee Cellars
Elijah's Specialty Coffee & Tea
Elmhurst Brewing Co.
Fitz's Pub
Fitz's Spare Keys
Francesca's Amici
Jack's Silverado Grill
Kilwins Elmhurst
Lezza Spumoni & Desserts
Livia Italian Eatery
Nu Crepes
One Fifty One Kitchen | Bar
Pints
Roberto's Ristorante & Pizzeria
Tannins Wine Bar & Boutique
Whole Foods

Thursday, May 16, 2019

6:00 - 10:00 pm

6:00 - 7:00 pm Cash Bar Reception

7:00 - 8:30 pm Food and Drink Sampling

\$60 per person in advance / \$70 at the door

Wilder Mansion
211 South Prospect
Elmhurst, Illinois

Please respond by May 10

To purchase tickets online go to
www.ucca-elmhurst.org or send payment to
UCCA, 125 W. Church St., Elmhurst, IL 60126
Business casual



Providing Food to Elmhurst
School Children and their Families

**St. Alexander's
Surviving Spouses**
**For those who have lost their
husband or wife, please join us.**

Sunday, May 19 @ 1:00pm

Tae Fu Restaurant

312 E. St. Charles Road, Villa Park

RSVP: Carol Nash @ 630.834.8152



**Chicago Bronze Handbell
Ensemble Presents 20th
Anniversary Concert May 12 at 4pm**
Bethel United Church of Christ
315 E. St. Charles Rd
Elmhurst
**FREE CONCERT in the Welcome
Center**

Easter Vigil 2019

WE are the light of Christ



Father Chris lighting the Paschal Candle.



Kim receives the gifts of the Holy Spirit.... anointed with Holy Chrism and confirmed in Christ.



Father Chris baptizing Jada.



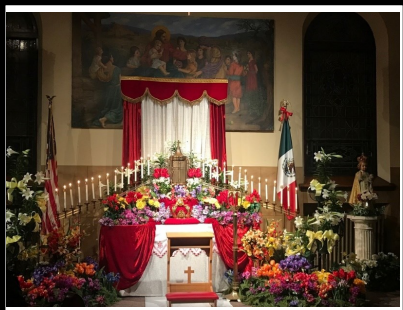
We invite you to the table of our Lord for the first time. Reception of First Eucharist.



We WELCOME the newest members of our family, Jada and Kim!

Holy Thursday Bus Tour 2019

Following the Mass of the Lord's Supper at Immaculate Conception, forty pilgrims visited seven Chicago area churches and prayed at their respective Altars of Repose.



Holy Rosary / 612 Western Avenue



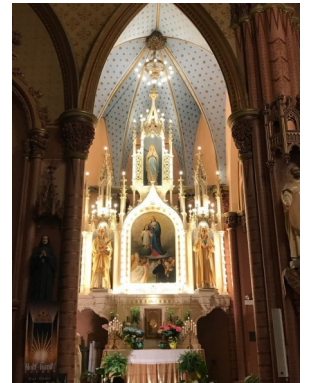
Our Lady of Pompeii Shrine / 1224 W. Lexington



Notre Dame / 1334 W. Flournoy



Holy Family / 1080 W. Roosevelt Road

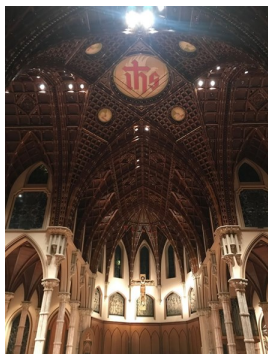
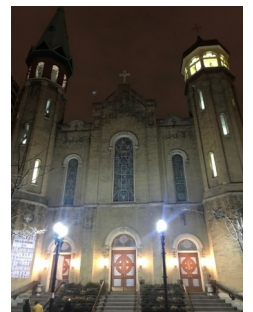


St.



Francis of Assisi / 813 Roosevelt Road

Old St. Pat's / 700 W. Adams



Holy Name Cathedral / 730 N. Wabash



Christian Ministry

MOTHER'S DAY GIFT COLLECTION May 4 & May 5

Once again, we are collecting self-care packages for women who visit the IC Food Pantry and the People's Resource Center.

Individual gift bags can include items such as shampoo, conditioner, hand or body lotion, face soap, nail polish and polish

remover, shower/bath gel, cologne, cosmetics, gift certificates, jewelry, socks, note cards and anything that would make someone feel special. Items should be in a **gift bag** and deposited in the marked bins in the narthex the weekend of **May 4/5**. Gift bags may also be dropped off at the Parish Administration Center during the week of May 6-9. Thank you for helping to make someone's Mother's Day a little more special.

HOSPITALIZED or HOMEBOUND? PLEASE LET US KNOW!

Please remember to notify the Rectory if you or a member of your family is hospitalized and wants to receive Communion or a pastoral visit from one of our Ministers of Care or priests. We visit Elmhurst Hospital several times a week and convenient times can be arranged.

If you are HOMEBOUND, unable to attend Mass and wish to receive Communion, our Eucharistic Ministers will visit on a weekly basis. Please call Pam at 530-3497 to arrange a convenient time.



Are you in need of an annulment? Do you have questions about the process, timeline or requirements? Please contact Pam Stefik at 530-3497 for information.



If you or someone you know are experiencing health issues, facing surgery, receiving or recuperating from medical treatments, healing through grief or experiencing a significant life crossroads and would like to receive a prayer shawl, please contact Rita Beese at 630-279-6811 or rdbeese@comcast.net



Are you interested in becoming a Eucharistic Minister to the homebound or hospitalized? **Training will be held in-house at IC on upcoming Saturday morning, to be determined by the participants.** Please RSVP your interest / attendance to Pam at 630-530-3497.

Have you considered becoming a Bereavement Minister? Bereavement Ministers aid the family in planning the funeral liturgy, as well as attending the wake and funeral. This is a ministry of compassion and presence. If you want to learn more, please contact Pam in the Christian Ministry office.

Joyful Again! Retreats for Widows and Widowers

June 22 & 23 St. Julie's, Tinley Park
July 20 & 21 Holy Family, Inverness
August 10 & 11 Mary Queen of Heaven, Elmhurst

"Joyful Again!" is a nationally recognized retreat. It provides the widowed with support from others who understand the loss associated with the death of a spouse. "Joyful Again!" is a two-day retreat for those who want to resolve the grief they feel inside and begin to live again after the death of their spouse. The retreat emphasizes self-help, personal growth skills, and personal spiritual practices that will enable the participant to take the healing journey. For more information contact:
Joyful Again! 708-354-7211



Catholic Charities, Diocese of Joliet operates an 18 bed homeless shelter in Villa Park called **Hope House**. They are seeking volunteers to prepare and serve meals at the shelter. Volunteers are also welcome

to prepare meals offsite and bring them to the shelter to serve. The ingredients will be provided.

This is a great opportunity to help homeless families! Please contact Joy Newburn at jnewburn@cc-doj.org or 630-937-4259 for additional information. To learn more about Hope House, please visit catholiccharitiesjoliet.org.

Due to a lack of storage space, IC is unable to accept furniture for use in our Transitional Housing program. Our clients are sent to Sharing Connections, located in Downers Grove, to choose furnishings for their new apartments. Listed below is a partial list of items that Sharing Connections will accept as donations. To view a more complete list, please access www.sharingconnections.org

RULE OF THUMB: IF THE DONATED ITEM IS NOT READY TO GO DIRECTLY TO ONE OF OUR FAMILIES, THEN IT WILL NOT BE ACCEPTED. HELP US SERVE FAMILIES WITH DIGNITY, AS WE DO NOT BELIEVE "SOMETHING IS BETTER THAN NOTHING".

To schedule a pick-up, please call 630-971-0565 x 300.

Community Life

IC is pleased to present **two** traveling worship opportunities for IC families!



Traveling Mary



Traveling Vocation Crucifix

Since the Year of Mary in 2013, IC families have been enjoying a visit from **Traveling Mary** as she becomes part of their family for approximately one month.

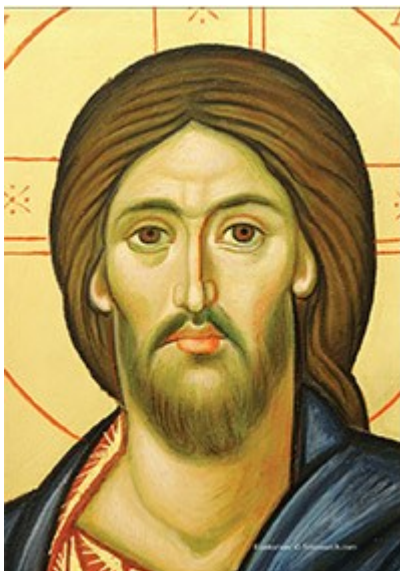
IC is now pleased and proud to announce a new addition to the Traveling Worship program: our **Traveling Vocation Crucifix** is now available to visit IC homes to help families guide prayers for vocations. If your family would like to participate in the Traveling Worship program, [click here](#) for more information.

World Day of Prayer will be observed on Sunday, May 12, 2019, also known as "Good Shepherd Sunday." The purpose of this day is to publically fulfill the Lord's instruction to, "Pray the Lord of the harvest to send laborers into his harvest" (Mt 9:38; Lk 10:2). Please pray that young men and women hear and respond generously to the Lord's call to the priesthood, diaconate, religious life, societies of apostolic life or secular institutes.

Vocations

Please remember these men and women in your daily prayers – Priests, Deacons, Seminarians, and Women & Men Religious in the Diocese of Joliet. Click [HERE](#) to download our Vocation Calendar for May 2019.

The Vocation Ministry's mission is to create an atmosphere in our parish that is supportive of religious vocation and provides information about events where young people and families can learn more about discerning this call. One of our goals is to increase prayers for vocations in our parish. Please join us in adoration on every second Monday of each month, from 7-8 PM, at the Visitation Adoration Chapel.



Prayer for Vocations

GOD OUR FATHER, we thank you for calling men and women to serve in your Son's Kingdom as priests, deacons, and consecrated persons. Send your Holy Spirit to help others to respond generously and courageously to your call. May our community of faith support vocations of sacrificial love in our youth and young adults. Through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.



SECRETARIAT OF
CLERGY, CONSECRATED LIFE AND VOCATIONS
www.usccb.org/vocations • www.usccb.org

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Religious Education

New families are invited to register for our Religious Education Program . We minister to children in Grades K-8 and will assist parents in the sacrament preparation of their children. Contact the RE Office for details.

2nd Grade Family Mass

Sunday May 5 at 9 a.m.
ALL 2nd Graders are invited to dress in their 1st Eucharist clothes and join us for this special liturgy. 2nd Graders will be asked to participate in the CCW May Crowning as well.

Confirmation:

(All take place in Sacred Heart Chapel)

Wednesday, May 1st: Communal Penance Service for all candidates, parents, and sponsors 7:00pm

Wednesday, May 8th: Confirmation Rehearsal for all candidates and sponsors 7:00pm

May 11, 2019 Confirmation Liturgy
7:00pm followed by a reception in Plunkett Hall

1st Holy Communion:

(All take place in Sacred Heart Chapel)

GROUP A : (Sunday RE children/ Ms. Kennedy's class) :

9:30 a.m. Saturday, May 4 1st Eucharist Liturgy

GROUP B: (Wednesday RE children/Mrs. E's class) :

Thursday May 2 PRACTICE 6:30 p.m.

1 p.m. Sat May 4 1st Eucharist Liturgy

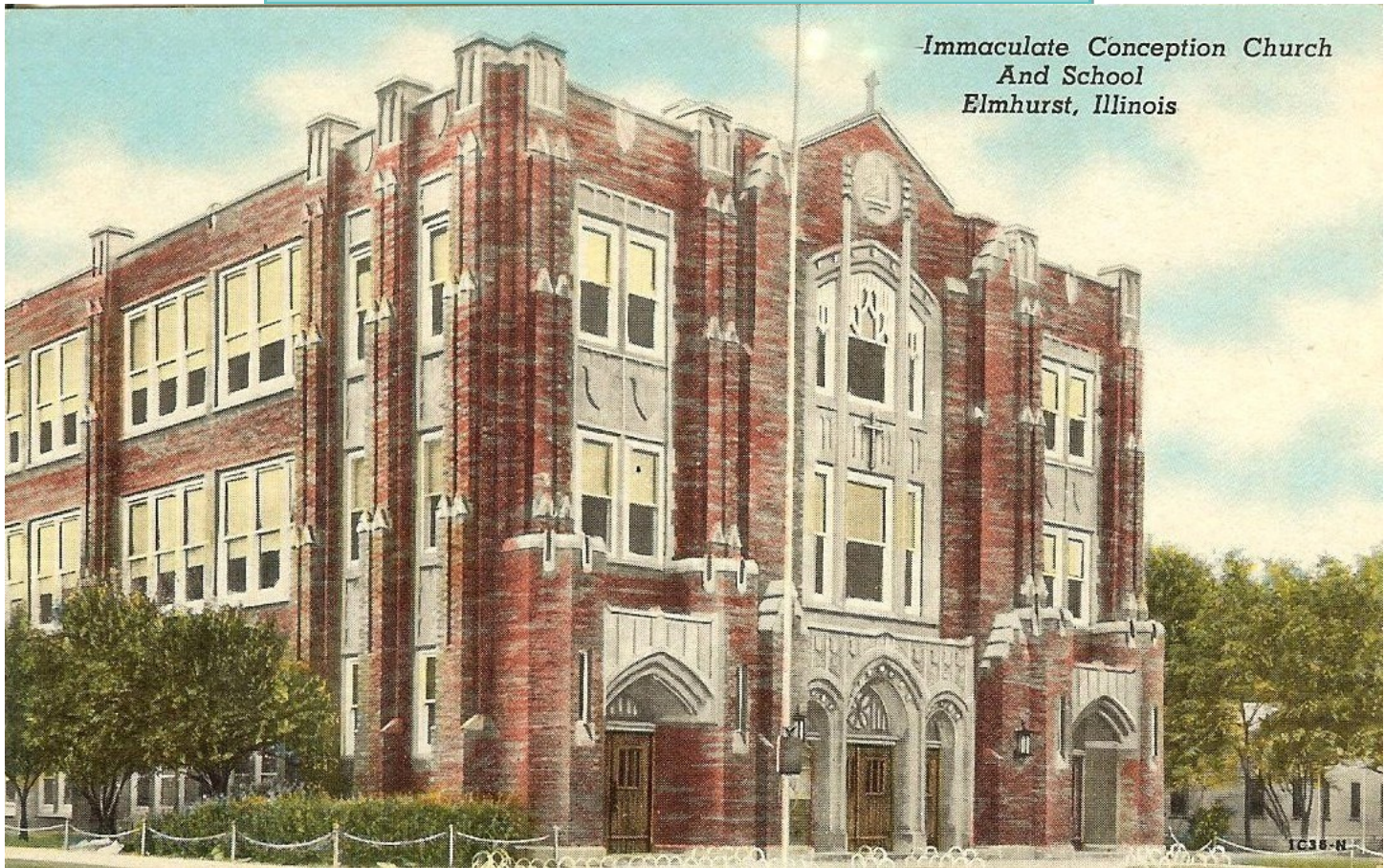
As we conclude our RE sessions for this 2018-19 term, we ask God to grant special blessings on our Catechists and Catechist Aides.

We thank them for their dedication.

Looking forward to 2019-20, additional Catechists and Catechists Aides will be needed to continue to provide for the spiritual needs of our IC children. Prayerfully consider volunteering for this important ministry. Contact the Religious Education office to volunteer.

Registration for the 2019-20 RE Program is in progress. Registration materials may be secured on the parish website and are available in the IC Rectory Office during regular office hours.

IC Grade School



Immaculate Conception Grade School
ALL SCHOOL REUNION
(Alumni Parents, this includes you too!)

**Gather your classmates, grab your yearbooks,
and join us for a fun evening to re-connect!**

**WHEN: Friday, May 31st, 2019
7 pm to 10:30 pm**

**WHERE: Knights of Columbus Hall
537 South York Road, Elmhurst**

Cash bar - Food truck outside - Snacks provided

REGISTER AT

<https://www.eventbrite.com/e/immaculate-conception-grade-school-all-school-reunion-tickets-60146453662>

Free will donations accepted to benefit the ICGS Education Endowment Fund.



Congratulations Class of 2019

You join a long tradition of excellence and achievement
as you become the newest members of the League of Knights.



Graudation Ceremony
Saturday, May 18, 2019
7:30 - 9:00 PM
IC Chapel

Once a Knight, Always a Knight!

Kids' Summer Events



Catholic Soccer Camp returns for its third year in Summer 2019! Held in Elmhurst, Illinois with strong involvement by the Diocese of Joliet seminarians, Catholic Soccer Camp continues to grow in popularity and reputation! Led by "The Soccer Priest" Fr. Chase Hilgenbrinck - Catholic Soccer Camps masterfully combine elements of our Catholic faith with the intense skills learned in the game of soccer. Skilled seminarians from the Diocese of Joliet help teach campers about soccer techniques and growing to love Jesus Christ more and more as they study to become Catholic Priests and other professionals such as Brittany Bock define and grow Catholic Soccer Camps for the next generation of players!

When: June 17-19, 2019 - 8:00am to 3:00pm Daily

Location: IC Catholic Prep Fields, Plunkett Park, 186 S. West Avenue, Elmhurst, IL

Grades: 6th-12th boys & girls

Catholic Family Night: Sunday, June 16th, Immaculate Conception Parish
132 Arthur Street Elmhurst, IL 60126

5:15pm Mass, Talks & Pizza for the whole family!

To register and for more information:

<http://www.catholicsportscamps.org/Site/Camps/Soccer>

Totus Tuus at Visitation Parish July 14-19

The Totus Tuus parish summer catechetical youth program is a week-long "parish mission" for Catholic youth entering grades 1st through 12th. It is dedicated to the proclamation of the Gospel and promoting the Catholic faith through evangelization, catechesis, apologetics, Christian witness, the sacraments, Marian devotion, and Eucharistic worship.

Totus Tuus aims to assist parents and parishes in the evangelizing and catechizing of their youth by supplementing the work they are already doing.

The methodology, structure, content, and enthusiasm of Totus Tuus is concerned not only with teaching the faith, but also igniting the hearts of the team members and young people. The result has been the formation of youth and young adults who continue to dedicate themselves to the Church's mission of evangelization.

Please go to the Visitation Website for registration!



WE ARE IC Capital Campaign

Naming Opportunities Available

There are several ways to remember deceased loved ones, or honor the living, as part of the **We are IC** capital campaign. If you should choose to make a gift at one of these levels, or would like more information, please contact Catey Cohen in the parish office at 630-530-8991.

ITEM TO RESERVE	QUANTITY	AMOUNT TO RESERVE IN PERPETUITY
<u>Sacred Heart Chapel Renovation</u>		
Shrine of the Sacred Heart	1	\$ 100,000
Tabernacle & Stand	1	\$ 50,000
Family Chapel	1	\$ 50,000 each
Sound System	1	\$ 30,000
Saint Windows	11	\$ 25,000
Symbol Windows	18	\$ 25,000
Etched Glass Doors (Narthex & Nave)	4	\$ 25,000 each
Narthex upgrades	1	\$ 25,000
Chapel Signage Above Arthur St. Exterior Doors		\$ 20,000
Stations of the Cross (refurbished)	14	\$ 15,000 each
Reconciliation Rooms (enhanced)	3	\$ 10,000 each
Credence Table	1	\$ 5,000 each
Additional Sanctuary Chairs (servers /seminarians /additional priests)	6	\$ 5,000 each
Altar Candles	4	\$ 5,000 each
Processional Candles for Servers	2	\$ 5,000 each
Incense Brazier and Stand	1	\$ 5,000

Stained Glass Saints and Symbols

There are a total of 36 sections of windows in the chapel. In 18 of them, images of various saints will be made. Next to each of the saint windows will be a symbol that represents the life of that particular saint. The saints that have been chosen have had a direct relationship either with our country or have been recently canonized. If, however, someone would like to donate a window in honor of a saint not on this list, provisions may be made to allow that to happen. Below is the list of available saints and their corresponding symbols.

Saints

- St. John XXIII
- St. Isaac Jogues
- St. Elizabeth Ann Seton
- St. John Neuman
- St. Francis Xavier Cabrini
- St. Kateri Tekakwitha
- St. Junipero Serra
- St. Damien of Molokai
- St. Marianne Cope
- St. Katherine Drexel

Symbols

- Lamb of God
- Crown of Thorns
- Pelican
- Bible
- House of God
- Holy Spirit
- Trinity
- Sacrifice Cross and Crown
- Anchor
- Eucharist

The following symbols are still available to represent the saints that have already been donated.

Virtues Tree (St. Theodore Guerin)	3 Fish Trinity (St. Anthony)
Justice (St. Rose Duchesne)	Reconciliation (St. John Paul II)
Shield w/Water (St. Therese of Lisieux)	Sacred Heart (St. Margaret Mary Alacoque)
Gates of Heaven (St. Teresa of Calcutta)	Mercy (St. Faustina)
Symbols for Padre Pio and St. Cecilia tbd	

*The amounts shown are established as sacrificial memorials to help Immaculate Conception complete the **We are IC** capital campaign. Any amount in excess of the actual completed cost of the memorial item will be included in the general campaign fund.*

We Are IC!

Capital Campaign Letter of Intent

Dear Father Thomas Paul,
In support of Immaculate Conception Parish, I intend to contribute the sum of
\$_____ to the “We are IC” capital campaign.

My investment will be made as follows:

- ☐ **Monthly** Start Date _____ Amount: \$ _____
Over the Course of 1 2 3 4 5 years (circle one)
- ☐ **Quarterly** Start Date _____ Amount: \$ _____
Over the Course of 1 2 3 4 5 years (circle one)
- ☐ **Annually** Start Date _____ Amount: \$ _____
Over the Course of 1 2 3 4 5 years (circle one)
- ☐ **One-Time Gift** Date _____ Amount: \$ _____

Payment Options

- ☐ We will make our investment by check. (Please make checks payable to Immaculate Conception Parish)
- ☐ We will make our investment through automatic withdrawal.
I authorize IC to withdraw automatically the amount indicated from the bank or credit account checked below:

Bank Account - attach a voided check to this form

Credit/Debit Card (circle one) Visa MasterCard Discover American Express

Card # _____ Expiration _____ CVC# _____
(Monthly and quarterly pledge offerings will be withdrawn on the last work day of each month. Please notify the Parish Office one week prior if you need to make a change.)

- ☐ We will make our investment by stock. Please contact Ron Darin in the parish office at 630-530-8848
- ☐ Please indicate if you plan to have your gift matched by your employer or your spouse's employer

Potential Matching Gift Amount: \$ _____ Matching Gift Company: _____

Signature _____ Date _____

Signature _____ Date _____

Please Print Name(s) as you would like to be acknowledged: _____

Name: _____

Address _____ City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____

E-mail: _____